



# Hypothalamus Support

Good Herbs Hypothalamus Support is made with pure, unaltered, chemical-free natural herbs that provide hypothalamus health support. The hypothalamus is responsible for a wide-range of functions in the body. Hypothalamus Support contains a proprietary herbal blend of organic or wild-crafted herbs that help support a healthy hypothalamus, pituitary and adrenal glands plus, feeds the endocrine system and provides glandular support.

## BENEFITS OF HYPOTHALAMUS SUPPORT

Hypothalamus Support help support a healthy hypothalamus, pituitary and adrenal glands plus, feeds the endocrine system and provides glandular support.

### Application:

- balances the hypothalamus which controls all the major pathways in the body
- feeds endocrine system
- glandular support & tonic
- balaces blood sugar level
- thyroid; sluggish, underactive thyroid
- stimulates production of growth hormone
- weight problems, either overweight or underweight
- thinning of hair
- depression
- blood pressure
- lack of concentration
- mood swings
- pins & needles
- allergies
- always tired
- infertility
- infection & congestion in the female reproductive system
- ovarian cysts,
- suppressed menstruation
- excessive sweating
- adrenal exhaustion

### ASHWAGANDHA

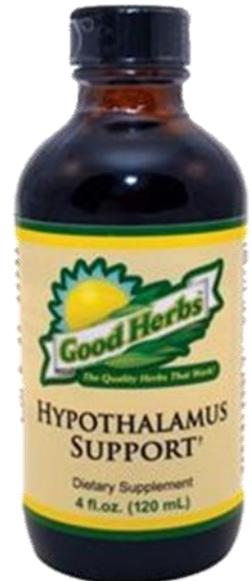
clinical research indicate that it has enormous potential to help modulate and bring into balance numerous conditions, particularly with the immune and hormonal systems. In this regards, Ashwagandha helps to regulate the activity of the Hypothalamus-PituitaryAdrenal Axis (HPA Axis).

### BILBERRY

Bilberry as being Adaptogenic, as it as multitude of crossover indications and gains very favourable results with circulatory, blood sugar, adrenal, eye or ulcerated-related problems. Bilberries are also extremely high in good quality antioxidants & essential nutrients.

### ELEUTHERO

Eleuthero used by Russian athletes in the 1980 Olympics. It helps to improve recovery time from injury and surgery, general physical & mental endurance, improves immune competence, regulates inflammation and improves resistance to stress & infection.



SKU: USGH000003  
Herbal Supplement

## Supplement Facts

Serving Size: 2 mL (approx. 1/2 tsp or 40 drops)  
Servings per Container: 60

	Amount per Serving	%DV**
<b>Proprietary Herbal Extract Blend</b>	500 mg	**
(Ashwagandha Root, Eleuthero Root, Bilberry Fruit, Rhodiola Root, Schizandra Fruit)		

\*\* Daily Values (DV) not established.

**OTHER INGREDIENTS:** Purified Water and Ethyl Alcohol. Percent Alcohol: 40% Ratio of herbs to solvent (grams herb/mL solvent): 1:4.

**Note:** Remember that all of the herbs in this formula are adaptogen herbs which means that they do not "force" anything, but they help "balance" all the major pathways in the body.



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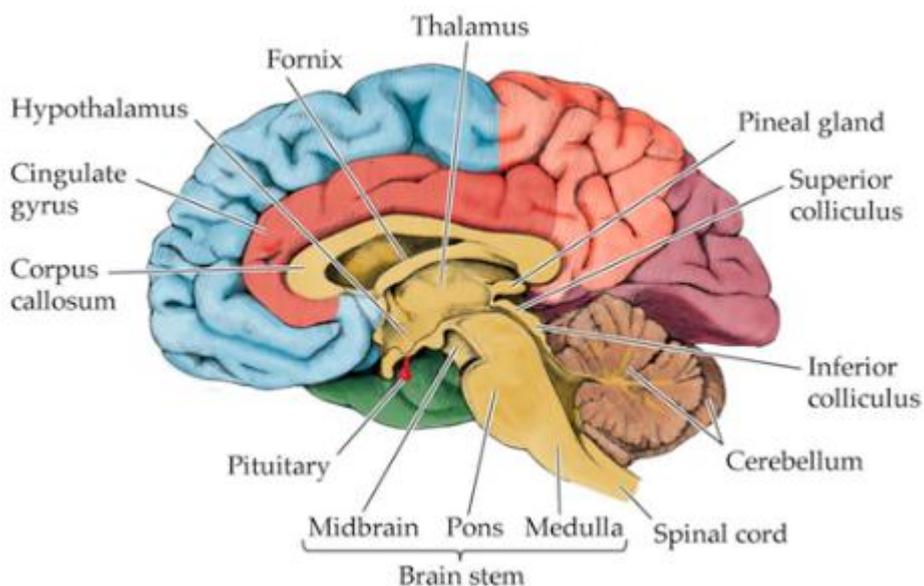
### RHODIOLA

From 1960 to the present day over 180 studies, including numerous impressive clinical trials, have been published demonstrating Rhodiola's ability to resistance to both physical and emotional stress. Rhodiola extract was used at a low dose and was shown to improve the physical and mental performance of medical doctors working night shifts. Rhodiola formed part of the famously researched Russian herbal formula ADAPT – which also contained adaptogens Schizandra and Eleutherococcus, which was researched by Dr Victor Baranov and his team and in relation to the effect of supporting the nervous system and improving performance with athletes and cosmonauts

### SCHIZANDRA BERRY

Schisandra berry is a liver tonic, immune modulator, will help to balance the sleep pattern and improve energy levels via the HPA axis support. Schisandra has a tradition of use in many countries in both alternative and conventional medical fields. As with a lot of research with adaptogenic agents, Schisandra has also been shown to improve academic and professional concentration and performance.

The Hypothalamus Support by Good Herbs is based on over 15 years of clinical & empirical usage and application in the UK. I specialize in the management for many patients of endocrine, immune & stress-related conditions. These are the main concerns that people have whom gravitate to my clinic for assistance and help. With this in mind I have explored many possibilities to give comprehensive support and modulation to the Hypothalamus and the Hypothalamus-PituitaryAdrenal Axis (HPA or Stress Axis) pathways via biofeedback. Via research and clinical experience I have the found the HPA Axis & hypothalamus specifically, to be a major, often overlooked, both from the medical & natural health perspectives, foundation to many concerns & conditions.



Many do not realize that the Hypothalamus is essential and central to blood sugar control, hormonal balance, adequate and balanced immune response & reactivity, body temperature, sweating mechanism, peristaltic of the intestines, fat metabolism and many more functions.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease