

# **Nerve Support**

Good Herbs Nerve Support is made with pure, unaltered, chemical-free natural herbs that provide nerve health support. The nervous system helps manage actions within your body; transmitting signals between various parts of the body. Nerve Support contains a proprietary herbal blend of organic or wild-crafted herbs that help with the natural calming and relaxation of the nerves, helping to maintain an overall healthy nervous system.

## BENEFITS OF NERVE SUPPORT

This formula is particularly effective as a nervine formula because it includes herbs that provide support and strengthen and rehabilitate the nerve cells, as well as offering a natural means to help quiet and soothe the nerves and lessen pain of the nervous system. It is high in minerals and contains many phytochemicals.

This formula is truly exceptional for everything related to nerves. There are several therapeutic actions with this formula. Those most noted for the affects of the herbs as they relate to nerves are:

- Antispasmodic (relieves spasms)
- Nervine (calming and soothing to the nervous system)
- Anodyne (reduces sensitivity of the nerves)
- Hypnotic (promotes sleep)
- Antimicrobial (helps body strengthen its resistance to infectious organisms and ward off illness)
- Anti-convulsive (helps relieve or prevent convulsions)
- Sedative (helps lower functional activity and relieve irritability)
- Diuretic (helps increase secretion of urine) hypotensive (lowers blood pressure)
- Tonic (helps tone body by stimulation of nutrition)

# Skullcap

Reduce anxiety, soothe the nervous system, help with weight loss, lower inflammation, balance hormones, and aid sleep issues.

## **White Willow**

The bark of white willow contains salicin, which is a chemical similar to aspirin (acetylsalicylic acid). In combination with the herb's powerful anti-inflammatory plant compounds (called flavonoids), salicin is thought to be responsible for the pain-relieving and anti-inflammatory effects of the herb.

#### **BLUE VERVAIN**

It is a tonic for the nervous system, eases tension and depression. It settles stomach acid, upper respiratory support and is used for inflammation of the gallbladder.

#### HOPS

Calms and relaxes, it is considered a safe nervine. It also opens obstructions of the liver and spleen and cleanses the blood.

#### **VALERIAN ROOT**

relaxes the whole nervous system, it is best known as a safe non-narcotic herb sedative, pain reliever and relaxer. It is beneficial for insomnia and anxiety.

- nervous anxiety & irritability
- nerve pain
- soothing to heart
- for emotional swings due to hormone changes, PMS, menopause
- apply externally for pain, headaches, back pain
- helps with sleep



SKU: USGH000004 Herbal Supplement

# **Supplement Facts**

Serving Size: 2 mL (approx.1/2 tsp or 40 drops) Servings per Container: 60

Amount per Serving %DV\*\*

Proprietary Herbal Extract Blend

500 mg

(Skullcap Herb, White Willow

Bark, Blue Vervain Herb, Hops Strobile, Valerian Root)

\*\* Daily Values (DV) not established.

**OTHER INGREDIENTS:** Purified Water and Ethyl Alcohol. Percent Alcohol: 40% Ratio of herbs to solvent (grams herb/mL solvent): 1:4.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease